FREE INFRARED SAUNA SESSION WITH SELF-LOVE GUEST HOUSE STAY!

Book any Sedona Self-Love Retreat, which includes a Self-Love Guest House stay, and receive a complimentary infrared sauna session. Relaxation meets rejuvenation with a state-of-the-art infrared sauna—a peaceful escape, promoting detoxification, improved circulation, and stress relief. Elevate your well-being and discover the transformative power of infrared therapy. Ready, Sweat, Glow! Call 928-458-8593 to schedule your fabulous Sedona get-away. Look forward to hosting your private Sedona Retreat soon! Namaste.??