

GROUP CHAKRA HEALING MEDITATION

In this intimate small-group experience, Master SunGwang will guide you to activate and balance each chakra. Balanced chakras lead to spiritual awakening, bringing you into a meditative state of oneness where you can align with Life Particles and create from the zero point of infinite possibility. What You Will Gain: Know Yourself Understand your true nature and inner energy Love Yourself Cultivate self-acceptance and compassion Trust Yourself Build confidence in your intuition

Sedona Wellness Cafe

340 Jordan Rd
Sedona, AZ 86336
United States

Phone: (928) 282-8578