

# **SPIRIT BREATH JOURNEY WITH GENTLE THUNDER AND HARTA DUNIA**

Discover your authentic truth and cultivate your sacred space within, when life's challenges arise. In these uncertain times of global change and unrest, you are invited to embark on a journey guided by your breath, through Conscious Connected Breathing, reset, relax and unwind, ultimately re-establishing a sense of inner peace and calm! \$55 From: 04:30 PM to 06:00 PM

**Shine Sanctuary for the Soul**

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