

# SEDONA ARTS & CULTURE EXPERIENCE: 3 NIGHTS / 4 DAYS

The raw physical beauty of Sedona lures artists and lovers of art. Sedona is known worldwide for its outstanding abundance of exceptional artwork representing local and international artists. Whether you are an established collector or a new art lover, you will be warmly welcomed. Exploring the galleries or participating in classes will spark your imagination and add even more amazement to your spiritual journey.

## DAY 1

## 1. A visit to Arcosanti on your way to Sedona

Arcosanti is an urban laboratory designed by Paolo Soleri that is focused on innovative design, community and environmental accountability. Their goal is to actively pursue lean alternatives to urban sprawl based on Soleri's theory of compact city design, *Arcology* (architectures + ecology).

## 2. Trolley Rides upon arrival to Sedona

Your guests can enjoy a scenic overview of Sedona's Red Rock Country on a quaint open-air trolley for a fun and entertaining ride. Various itineraries will take you to the Chapel of the Holy Cross, out to Boynton Canyon or Bell Rock for dramatic picture stops and lively commentary. Pick up at some hotels and group charters available.



## DAY 2

#### 1. Take a tour to Native American Ruins

Some local tour companies are "permitted" at certain sites. Pink Jeep Tours offers a tour to the Honanki Ruins.

## 2. Sedona Heritage Museum

Have your guests "take a step back in time; as they stroll the grounds of this unique and historic pioneer home. Each room covers a segment of Sedona's history from 1876 to now including the ranching, farming and golden age of western movies. Orchards of apples and peaches played a big part in Sedona's early economy. Your guests can tour the Apple Barn which can also be used for group events.

## 3. Native American Ceremonies or Storytelling

Some local tour companies and resort properties offer ceremonies, healings, storytelling or Native American music and entertainment.





#### DAY 3

#### 1. Demonstration or Art Classes

Learn the process of art creation by a local artist(s) or participate in a class at Sedona Arts Center or the Melting Point.

#### 2. Learn about Native American crafts

Shop with newly acquired knowledge with the help of a tour/ talk at one of the retail stores of Native American Arts.

#### 3. Experience a Mediation Class

Meditation has been practiced since antiquity in numerous traditions. It is often described to be part of the path toward enlightenment and self-realization. Meditation may be used for reducing stress, anxiety, depression and pain. Numerous meditation classes are available.



#### **1<sup>ST</sup> FRIDAY IN THE GALLERIES**

Organized by the Sedona Gallery Association, this event takes place the first Friday of the month. Dozens of Sedona's preeminent art galleries stay open into the evening with many hosting special events, demonstrations, receptions and artist meet-and-greets.



#### DAY 4

#### 1. Red Rock State Park

Red Rock State Park is a 286-acre nature preserve and riparian habitat with exhibits and a video presentation on the geology, flora and fauna of the region. Explore the mind/body connection like never before when you ask life's big questions at Red Rock State Park. Philosophy begins in wonder.

#### 2. Visit Art Galleries & Shops

- Tlaquepaque Arts & Shopping Village—Nestled beneath the shade of Sycamores on the banks of Oak Creek is Sedona's unique arts & shopping village. Fashioned after Tlaquepaque in Guadalajara, Mexico, your guests will stroll through among shops, restaurants and galleries.
- **Hillside Sedona**—Art galleries, distinctive shops, and restaurants are set against the backdrop of gorgeous red rocks.
- Shops at Hyatt Piñon Pointe—Your guests can stroll through 3 open courtyards of shops and restaurants while viewing magnificent red rock formations.
- More shops and galleries in Uptown, West Sedona, the Village of Oak Creek and Oak Creek Canyon.

## More to Discover...

#### **STARGAZING**

Enjoy an entertaining evening of astronomy under the canopy of Sedona's brilliant starry sky guided by professional astronomers with decades of experience. State of the art telescopes and high-powered laser pointers will guide you around the night sky.

#### INTERNATIONAL DARK SKY COMMUNITY

Night or day, the skies of Sedona are magical. Framed by world-famous red rocks, the views are like nothing else on the planet. In 2014, Sedona was names as the eighth International Dark Sky Community in the world by International Dark-Sky Association (DSA). DSA recognizes communities that make significant efforts to protect night skies. The work in Sedona is ongoing and the results are clear skies that allow for spectacular views, both at night and during the day.

#### FOR YOUR FIT CLIENTS

There is so much to see and do, so stay another day and explore Sedona's local secrets. Find the most breathtaking locations for activities ranging from hiking and biking to yoga and the arts at **SedonaSecret7.com**. Experience the Red Rock Wonder like a local, for an adventure of body, mind and spirit.

\* Commercial activities including guided hiking tours, jeep tours, horseback riding, tours to vortex sites, etc. on the US Forest Service Land require permits. Please use the services of businesses that are permitted.



#### YOUR SEDONA CONTACT

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