

# **EXPLORE IT ALL: 3 NIGHTS / 4 DAYS**

Sedona offers a myriad of activities for all travelers from adventurous to relaxed, as well as for those who wish to stroll the splendid streets of Uptown or Gallery Row. Sedona's red rocks are a reminder of nature's splendor and an invitation to a world of exciting outdoor activities.

#### DAY 1

# 1. Trolley Rides

Your guests can enjoy a scenic overview of Sedona's Red Rock Country on a quaint open-air trolley for a fun and entertaining ride. Various itineraries will take you to the Chapel of the Holy Cross or out to Boynton Canyon for dramatic picture stops and lively commentary. Pick up at some hotels and group charters available.

#### 2. Sedona Heritage Museum

Have your guests take a step back in time, as they stroll the grounds of this unique and historic pioneer home. Each room covers a segment of Sedona's history from 1876 to now including the ranching, farming and golden age of western movies. Orchards of apples and peaches played a big part in Sedona's early economy. Your guests can tour the Apple Barn which can also be used for group events.

# 3. Visit Art Galleries & Shops

- Tlaquepaque Arts & Shopping Village—Nestled beneath the shade of Sycamores on the banks of Oak Creek is Sedona's unique arts & shopping village. Fashioned after Tlaquepaque in Guadalajara, Mexico, your guests will stroll through a wonderland of shops, restaurants and galleries.
- Hillside Sedona—Art galleries, distinctive shops and restaurants are set against the backdrop of gorgeous red rocks.
- Shops at Hyatt Piñon Pointe—Your guests can stroll through three open courtyards of shops and restaurants while viewing magnificent red rock formations.
- More shops and galleries in Uptown, West Sedona, the Village of Oak Creek and Oak Creek Canyon.

#### DAY 2

#### 1. Hiking Red Rock Country

For individuals or groups with time, who want to get up close and personal with the red rocks, a hiking tour can be arranged with a U.S. Forest Service permitted local tour operator or can be explored independently.

#### 2. Red Rock State Park or Slide Rock State Park

Our state parks offer exciting entertainment for all ages. Red Rock State Park is a 286-acre nature preserve and riparian habitat with exhibits and a video presentation on the geology, flora and fauna of the region. Great to include in your itinerary through all seasons for ranger programs, educational classes and hikes.

Slide Rock State Park (originally Mr. Pendley's 43-acre apple farm) offers historic farming equipment, local apples during harvest, and a slippery water ride down the rocks for the kids. Great place to include in your itinerary from Fall to Spring.

# 3. Arrange a Tour

- Horseback Riding Tour—Take a horseback ride into the backcountry. Cross creeks, see local flora and fauna.
  Some companies include a winery visit.
- Jeep Tour, ATV Tour, Hummer Tour—Adventure along the trails! All these vehicles travel on back roads and over rocks for the thrill of a lifetime.
- **Vortex Tour**—Savor the spiritual and Native American presence with an experienced vortex guide.
- Air Tour—Soar over the majestic red rocks of Sedona for a spectacular view from the air. A once in a lifetime treat.
- Sunrise Hot Air Balloon Tour—Enjoy the beautiful red rocks and early morning wildlife from the balloon as they float over this high desert region.





#### DAY 3

# Sedona is a hub for wonderful regional attractions. Take a day trip! Options may include:

- Take a day trip to the Grand Canyon—Just a short 2.5 hour drive from Sedona. One of the Seven Wonders of the Natural World will enhance your visit to the Southwest. Sedona offers guided tours, so leave the driving to the experts and sit back and enjoy the day!
- The Antelope Canyon—A 3-hour drive from Sedona takes you to the world renowned scenic slot canyon on Navajo tribal land. Enjoy the stunning beam of light in Upper or Lower Antelope Canyon. Make a stop at Horseshoe Bend on your way back.
- The Hopi Reservation—The Hopi Tribe is a sovereign nation located in Northeastern Arizona, about 2.5 hours from Sedona. Spend time exploring the Hopi culture on three mesas. Stop for lunch at the Cultural Center and Museum. They encourage visitation, but ask that people be respectful of their laws, culture and way of life.
- **The Verde Valley**—There are so many things to explore:
  - Ride the Verde Canvon Railroad
  - Visit Jerome, the largest Ghost Town in America
  - Tour the Verde Valley Wine Trail
  - Visit the Out of Africa Wildlife Park
  - Visit Cliff Castle Casino



#### DAY 4

# 1. Enjoy the Native American Culture

The Sedona area is rich in prehistoric Native American culture. Spend time exploring on your own or with a guided tour. Some Native American sites are offered through local tour operators.

- Cliff Dwellings (Palatki, Honanki, etc.)
- Rock Art Sites (V Bar V Heritage Site, etc.)
- Montezuma Castle National Monument, Montezuma Well and Tuzigoot National Monument offer self-guided tours and ranger presentations.

## 2. Pamper Yourself—Body and Soul—at a Spa

Give your body a special treat as you enjoy one of our many spa facilities either at a hotel/resort or a private spa in town. Sedona's world-wide reputation as a spiritual mecca has drawn some of our planet's most amazing healers, intuitives, artists and spiritual guides. Explore our metaphysical shops or take a vortex tour. You will be revived and rejuvenated!

# More to Discover...

# **STARGAZING**

Enjoy an entertaining evening of astronomy under the canopy of Sedona's brilliant starry sky guided by professional astronomers with decades of experience. State of the art telescopes and high-powered laser pointers will guide you around the night sky.

#### INTERNATIONAL DARK SKY COMMUNITY

Night or day, the skies of Sedona are magical. Framed by world-famous red rocks, the views are like nothing else on the planet. In 2014, Sedona was named the eighth International Dark Sky Community in the world by International Dark-Sky Association (DSA). DSA recognizes communities that make significant efforts to protect night skies. The work in Sedona is ongoing and the results are clear skies that allow for spectacular views, both at night and during the day.

#### FOR YOUR FIT CLIENTS

There is so much to see and do, so stay another day and explore Sedona's local secrets. Find the most breathtaking locations for activities ranging from hiking and biking to yoga and the arts at **SedonaSecret7.com**. Experience the Red Rock Wonder like a local, for an adventure of body, mind and spirit.



\* Commercial activities including guided hiking tours, jeep tours, horseback riding, tours to vortex sites, etc. on the US Forest Service Land require permits. Please use the services of businesses that are permitted.



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