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## **Indulge Your Sweet Tooth in Sedona, Arizona**

*Local options abound, tempting treats await*

**SEDONA, Ariz.** (May XX, 2017) – Sedona may be known for its beautiful red rock, scenic hiking trails and powerful vortices, but it's also a popular destination for those with a sweet tooth. Almost everything you treat yourself to in this charming mountain town is made from fresh, local ingredients with options for everyone. Family-owned cafes, bakeries and cake boutiques offer delectable sweets that attract foodies from all parts of the world who want to indulge while enjoying the picturesque views.

### **Black Cow Cafe**

The Black Cow Cafe prides itself on being the best homemade ice cream parlor in Sedona. Made in-house daily from a recipe that has been perfected for more than 30 years, there's a reason this place is a local hotspot for ice cream lovers. Even though it's famous for ice cream, the Black Cow Cafe has a wide range of sweet treats to please everyone from delicious cookies to savory pies and more.

### **Secret Garden Cafe**

With everything made daily from scratch, the secret to the [Secret Garden Cafe's](#) 18-year success in Sedona is quality. Enjoy fresh and healthy cuisine in this cozy European-style bistro cafe with a dog-friendly patio that's open year-round. Whether you're craving pancakes or a chocolate martini, the Secret Garden's quaint atmosphere promises to indulge all your senses.

### **New York Bakery & Deli**

The [New York Bakery & Deli](#) strives to delight their customers with every mouth-watering bite. The owners of two other local restaurants in Sedona, Café Jose and The Golden Goose Cafe & Bistro, decided to bring a taste of the East Coast to the mountains of the Southwest. The man behind the delicious baked goods at New York Bakery & Deli is Dominick Nurrito, a fourth-generation Italian baker born and raised in New York. Everything he serves is made from scratch with premium ingredients, making this is popular destination for foodies.

### **Sedona Cake Couture**

Andrea Carusetta is a two-time medalist on Food Network Challenge who also happens to be the artist and owner of [Sedona Cake Couture](#), a specialty cake and dessert boutique. Andrea was trained by renowned French pastry chef Andre Renard and has made cakes for several high-profile celebrities. At Sedona Cake Couture, you can find other delightful treats such as

lemon bars, mango key lime coconut bars and they're famous brownies in an array of gourmet flavors. Due to the success of her boutique, Andrea opened a second location at Tlaquepaque.

Sedona has it all when it comes to finding the perfect delicacy to satisfy your taste buds. Places like [ChocolaTree](#) even offer raw vegan options like their 100% Dark Bar made with Ecuadorian criollo cacao. Enjoy this sweet treat in their beautiful outdoor garden with hanging chairs and hammocks.

No matter what your reason is for visiting Sedona, you will won't be able to resist the tasty treats you are sure to find all over town. Sedona truly is the perfect place to relax, experience the powerful energy of the red rocks and indulge in your favorite delicacies.

For more information on where to find Sedona's top dessert spots and lodging recommendations, view Sedona's [press kit](#) or visit [www.visitsedona.com](http://www.visitsedona.com).

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