

SEDONA, ARIZONA

THE MOST BEAUTIFUL PLACE ON EARTH, IN SO MANY WAYS



WELCOME TO SEDONA! Sedona offers a myriad of activities for all travelers from adventurous to relaxed, as well as for those who wish to stroll the splendid streets of Uptown or Gallery District. Sedona's red rocks are a reminder of nature's strength and an invitation to a world of exciting outdoor activities. Following are some suggestions on how to *Experience Sedona!*

SUGGESTED 3-NIGHT 4-DAY ITINERARY – SEDONA EXPERIENCE FOR RETIRED TEACHERS

Day 1:

1. A Visit to Arcosanti on your way to Sedona
Arcosanti is an urban laboratory designed by Paolo Soleri that is focused on innovative design, community, and environmental accountability. Their goal is to actively pursue lean alternatives to urban sprawl based on Soleri's theory of compact city design, *Arcology (architecture + ecology)*.
2. Trolley Rides upon arrival to Sedona
Your guests can enjoy a scenic overview of Sedona's Red Rock Country on a quaint open-air trolley for a fun and entertaining ride. Various itineraries will take you to the Chapel of the Holy Cross or out to Boynton Canyon for dramatic pictures stops and lively commentary. Pick up at some hotels and group charters available.

Day 2:

1. Take a tour to Native American Ruins
Some local tour companies are "permitted" at certain sites. Pink Jeep Tours offers a tour to the Honanki Ruins.
2. Sedona Heritage Museum
Have your guests "take a step back in time," as they stroll the grounds of this unique and historic pioneer home. Each room covers a segment of Sedona's history from 1876 to present including the ranching, farming, and golden age of western movies. Orchards of apples and peaches played a big part in Sedona's early economy. Your guests can tour the Apple Barn which can also be used for group events.
3. Native American Ceremonies or Storytelling
Some local tour companies and resort properties offer ceremonies, healings, storytelling or Native American music and entertainment.

Day 3:

1. Demonstration at Sedona Art Center
Learn the process of art creation by a local artist(s) or participate in a class
2. Learn about Native American crafts and shop with newly acquired knowledge
Arrange a tour/a talk at one of the retail stores of Native American arts
3. Meditation class at McLean Meditation Center

“The practice of meditation is an essential ingredient for becoming more self-aware and expanding your awareness: you'll know more clearly who you are, what you really want, and how you really feel. This all leads to making more nourishing choices and living a truly wonderful life.” Sarah McLen

Day 4:

1. Red Rock State Park or Slide Rock State Park

Our state parks offer exciting entertainment for all ages. Red Rock State Park is a 286-acre nature preserve and riparian habitat with exhibits and a video presentation on the geology, flora and fauna of the region. Great to include in your itinerary for all seasons. Slide Rock State Park (originally Mr. Pendley's 43-acre apple farm) offers historic farming equipment, local apples during harvest, and a slippery water ride down the rocks for the kids. Great place to include in your itinerary from Fall to Spring.

2. Visit Art Galleries and Shops

- Tlaquepaque Arts & Crafts Village

Nestled beneath the shade of Sycamores on the banks of Oak Creek is Sedona's unique arts & craft village. Fashioned after Tlaquepaque in Guadalajara, Mexico, your guests will stroll through a wonderland of shops, restaurants & galleries.

- Hillside Sedona

Art galleries, distinctive shops, and restaurants are set against the backdrop of gorgeous red rocks.

- Shops at Hyatt Pinon Pointe

Your guests can stroll through 3 open courtyards of shops and restaurants while viewing magnificent red rock formations.

- More shops and galleries in Uptown, West Sedona, Village of Oak Creek

Other Options ~ A Day in the Verde Valley:

- Tour Verde Valley wine country and taste exquisite Northern AZ wines or Visit Jerome, the largest Ghost Town in America in the morning
- Take a Verde Canyon Railroad tour
This train ride travels into Sycamore Canyon for one of the most scenic rides in the Valley. Closed and open air cars give you the chance to be outdoors and up close and personal with nature. See cliff dwellings and a bald eagle's nest along the way.
- Enjoy Western dinner theater and fun ranch adventures
- Visit to Montezuma Castle National Monument & Montezuma Well and Tuzigoot National Monument

** Commercial activities including guided hiking tours, jeep tours, horseback riding, tours to vortex sites, etc. on the U.S. Forest Service Land require permits. Please use the services of businesses that are permitted.*